

PRE-TREATMENT INSTRUCTIONS: NEUROMODULATORS & FILLER

- Avoid alcoholic beverages at least 24 hours prior to treatment. Alcohol may thin the blood and contribute to increased bruising.
- It is recommended to discontinue the use of Aspirin, Motrin, Ibuprofen, Ginkgo Biloba, Ginseng, Flax Oil, Cod Liver Oil, Vitamin A, Vitamin E, or any other essential fatty acids at least 3 days to 1 week prior to treatment to minimize bruising or bleeding. **Please consult with your primary physician before discontinuing any medications.**
- Schedule your dermal filler or neuromodulator treatment at least **2 weeks** before any special event or vacation as results may take 4-7 days to appear. Bruising and swelling may also be apparent during this time period. *Sculptra* does take longer to see results, so plan accordingly with your provider.
- Do **NOT** schedule any invasive procedures for 2 weeks prior to dermal filler treatment These include but are not limited to: dental cleaning or dental work, lesion excision or biopsy, surgery of any kind, internal device placement, tattoo or permanent makeup.
- If you develop a cold/flu, cold sore, blemish, or rash, etc. in the area to be treated prior to your appointment, it is recommended that you please reschedule until it resolves. If you have a history of cold sores, please let your provider know and an antiviral medication may be prescribed prior to treatment. You may also consult with your PCP to obtain medication.
- It is recommended that you wait at least 1-2 weeks to have dermal filler treatments performed if you have previously had cosmetic treatments with laser, ultrasound, peels, facials, or microdermabrasion.
- Treatment with neuromodulators or dermal fillers is contraindicated in women who are pregnant or breastfeeding.