



## A Toric Adventure by Dr. Herman Senter

The Grand Enchantment Trail (GET, <http://www.simblissity.net/get-home.shtml>) is a 730-mile wilderness route between Phoenix and Albuquerque that passes through deserts, follows deep canyons and crosses Sky Island mountain ranges. It is not a marked trail such as the Appalachian Trail; rather the GET combines existing trails, primitive roads and cross country travel. Following the route requires navigational skills and a sharp eye for often obscure indicators of the way ahead. The rewards include spectacular scenery, abundant wildlife, pristine campsites, remoteness and solitude.

I hiked the GET in the spring of 2009, almost a year after experiencing the miracle of restored and enhanced eyesight, thanks to the Toric IOL and Dr. Joseph L. Parisi of Clemson Eye. I doubt I would have finished the GET in the 50 days it took, or at all, without the Toric. Spotting infrequent signs of the trail—a sawn log from CCC days, a cairn in a canyon of rocks, a blazed tree in a forest—required keen eyesight, as did reading miles of vague foot tread through burned forests or seeing the subtle dip of a mountainside path buried in snow. And I could see and observe the abundant wildlife, without stepping on it (two close calls with rattlesnakes). The dramatic scenery, from spectacular mountaintop vistas to the desert varnish of deep canyon walls, was appreciated in all its glory.

I am certain that my enjoyment of the GET would have been greatly diminished without the benefits of the Toric IOL. Just as I know that the fun of white water boating has increased with the Toric IOL. For years I boated with 20/80 vision, peering through glasses that were at best water-spotted (in the summer) or totally fogged (in the winter). Thanks to the Toric I can now see rapids downriver (20/20) before I paddle into them, and I can read the micro-currents important to staying on line without the nuisance of glasses. Boating is even more fun and I'm paddling better because I can see where I am and where I need to go.

Hey, did I mention that I can again drive at night? And wow, are women pretty!



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